32nd Annual Congress of Gerontology

cum 39th Annual General Meeting

Date: 29th November 2025

Time: 9:30am - 5:30pm

Location: Grand Hall, Convention Centre 3 (12W), Hong Kong Science Park, Shatin, N.T.

Theme: Dignity in Ageing: Building an Inclusive Society for Older People

| Time | Programme | |
|--|---|--|
| 9:30am–9:45am Welcome Addr Dr. LEUNG Ma | Welcome Address Dr. LEUNG Man Fuk, Edward President, Hong Kong Association of Gerontology | |
| 9:45am-10:00am Dr. PANG Fei C | Meynote Address Dr. PANG Fei Chau Commissioner for Primary Healthcare | |
| | Plenary Session | |
| 10:00am–10:25am and Social Care Prof. LUM Yat Henry G Leong | Henry G Leong Professor in Social Work and Social Administration, The University of Hong Kong Smart Care and Support: How AI is Shaping the Future of Ageing Society Prof. TONG Kai Yu, Raymond | |
| 10:25am–10:50am Prof. TONG Ka Chairman of the | | |
| 10:50am–11:05am Break | | |
| 1. Designing In Older Adults Ms. Mohana I 2. Stand-by U: Trained Care Homebound Dr. Linda Do. 3. The Effects of Programme Dr. An TAO, University of 4. Advancing of care ultrasou Mr. Wilson Yie Kong Polyteche The Hong Kong 5. Bridging the | clusive Environments: Integrating Nature to Promote Dignity for in Hong Kong Care Homes Das, The Hong Kong Polytechnic University, School of Design Building an Inclusive Community Through a Screening-Guided egiver-Supported Respite Model for Family Caregivers of Older Adults Ing Ling Wang, Sau Po Centre on Ageing, HKU If the Dementia Screening and Community Support (DSCS) In Persons with Dementia and Their Family Caregivers The Nethersole School of Nursing, Faculty of Medicine, The Chinese Hong Kong, Shatin, N.T., Hong Kong Linical bedside instrumental swallowing assessment with point-of- und and explainable artificial intelligence In Shun Lam, 1. Department of Language Science and Technology, The Hong mic University, Hong Kong SAR, China; 2. Research Institute for Smart Ageing, as Polytechnic University, Hong Kong SAR, China Implementation Gap: A Mixed-Methods Study on Gerontechnology Id Cross-Border Collaboration for Dignified Ageing in Hong Kong | |
| Adoption and | | |

| 12:35pm-1:05pm | Annual General Meeting |
|----------------|------------------------|
| 1:05pm-1:15pm | Prize Presentation |
| 1:15pm-2:45pm | Lunch Break |

Free Paper Presentation I (Long Term Care)

- 1. The furry companion: A realist evaluation of a residential companion dog program in local care and attention homes for the elderly Dr. Bobo Hi Po LAU Department of Counselling & Psychology, Hong Kong Shue Yan University
- 2. Knowledge and Competence in Managing Elder Abuse Cases Among Social Welfare and Healthcare Staff in Hong Kong

Mr. To Yin Ting Louis Department of Applied Social Sciences, The Hong Kong Polytechnic University

3. Restraint Use and Person-Centered Care in Residential Care Homes for the Elderly: A Multi-Site Study Mr. GUO Chenming The Nethersole School of Nursing, Faculty of Medicine, The Chinese University of Hong Kong

2:45pm-4:00pm

- 4. Effectiveness of chair-bound exergaming on physical and cognitive functions in pre-frail/ frail oldest older adults in nursing home: A pilot randomized controlled trial Dr. Bonny Yee Man Wong Hong Kong Metropolitan University,
- Hong Kong Metropolitan University, School of Nursing and Health Sciences
- 5. Holistic Care for Dignified Death: Experiences of Dying-in-place in Residential Care Homes for the Elderly

Ms. Cherry Chan Hoi-tung, Ms. Eva Wong Kin-ping, Mr. Bobby Chan Hokong

The Salvation Army

6. From Restraints to Respect: A Focus on One RCHE's Journey Towards Better Long-Term Care

Dr. Amanda Chow Ching Yee, Mr. Vincent Choi Wing Hong Hong Kong Association of Gerontology

Free Paper Presentation II (Community Care)

- 1. Green Oasis Program for Healthy
 Ageing in Transitional Housing
 Communities: A Pilot Study on
 Physical and Psychosocial Outcomes
 Prof. Tse Mun Yee Mimi
 School of Nursing & Health Sciences,
 Hong Kong Metropolitan University
- 2. Construction and Application of the Knowledge Graph on Sarcopenia among Elderly People of Community Prof. Huiping Xu

 The First Affiliated Hospital of Zhengzhou University
- 3. Associated Factors and Clinical Impacts of Osteosarcopenia among Community-dwelling Older People: A Scoping Review
 Mr. Ip Matthew Tak Yeung
 School of Nursing, The Hong Kong
 Polytechnic University
- 4. Use of WHO ICOPE framework for integrated care for Older People a pilot study in Hong Kong
 Ms. Li Tip Yan, Wendy
 School of Nursing, The Hong Kong
 Polytechnic University, WHO
 collaborating Centre for Community
 Health Services
- 5. Associations between heart rate variability and blood pressure variability in individuals with chronic stroke: A 24-hour ambulatory monitoring study

 Ms. HOU Rangchun

 The Hong Kong Polytechnic University & Department of Rehabilitation Sciences
- 6. Ageing with Purpose and Plans in Silver Society: A Two-Arm Randomised Controlled Feasibility Trial of PREParation for later life through Motivational interviewing and Education (PREP-ME) Prof. Xue BAI

The Hong Kong Polytechnic University,
Department of Applied Social Science,
Research Centre for Gerontology and
Family Studies

| l | 4:00pm-4:15pm | Break | |
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| | | Free Paper Presentation III (Dementia/Mental Health) | Free Paper Presentation IV (Healthy Ageing) |
| | | 1. Experience of Older People in relating to Migration of Close Kin: An Exploratory Study in Hong Kong Ms. Chuek Mei Tak The University of Hong Kong & Department of Social Work and Social Administration | 1. Enhancing Oral Care in Older Adults with Dysphagia: An Interdisciplinary Approach Ms. Mak Shui Ying Dorothy Speech Therapy Department, Methodist Centre, Hong Kong SAR, China |
| | | 2. Constructive engagement in cognitive stimulation therapy groups among people with dementia: A mixed-methods study Dr. ZHANG Yan Anna Felizberta Lo Padilla Tong School of Social Sciences, Saint Francis University | Healthy Ageing with Dignity: A Big Data Initiative through Community-Academia Collaboration Ms. ZHU Xinye Aberdeen Kai-fong Welfare Association Social Service The Relationship between the Engagement in Online Health Services |
| | | 3. Association between home ownership and depressive symptoms among middle-aged and older adults: A crossnational comparison Ms. Han Lyu The University of Hong Kong | Engagement in Online Health Services and Social Capital of the Older Adults in Hong Kong Prof. Vincent W P Lee Academy of Wellness and Human Development, Hong Kong Baptist University |
| | 4:15pm–5:30pm | 4. Utilization of AI-chatbots Among Informal Caregivers of People with Dementia: A Scoping Review Mr. IP Chin Chi School of Nursing, The Hong Kong Polytechnic University | 4. Blossoming in work and care: Work and care-related factors of workfamily enrichment in local caregivers for older adults. Dr. Bobo Hi Po LAU Department of Counselling & Psychology, Hong Kong Shue Yan |
| | | 5. Smart Elder Smart Friend Project" - Assistive Humanoid Robots as Partners in Empowering Dignified Living for Community-dwelling Older Adults with Dementia Ms. Cheung Yin Lam Bonnie, Mr. Lee Wai Tat Eric Hong Kong Christian Service | 5. "Sarco-Tackle" Programme: Addressing Sarcopenia in Geriatric Patients with Hip Fracture Ms. Yuen Wai Ting Haven of Hope Hospital |
| | | 6. Enhancing Delirium Care of Geriatric Patient in Acute Medical ward: Nurseled Screening, Routine Monitoring, & Early Interventions Mr. Chan Ho Ching Martin, Mr. Wong Chin Pang, Ms. Fong Hong Yi Department of Medicine, Tseung Kwan O Hospital, Kowloon East Cluster, Hospital Authority | 6. From Childhood Bullying Victimization to Late-Life Ageism: The Bridge of Social Connectedness and the Buffer of Resilience Dr. Manying KANG The Hong Kong Polytechnic University, Department of Applied Social Sciences, Research Centre for Gerontology and Family Studies |